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A People's History of Psilocybin
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my experience with magic mushrooms.
Shroom A Cultural History Of

Shroom: A Cultural History of the Magic Mushroom
Paperback □ Illustrated, February 19, 2008. by.
Andy Letcher (Author) □ Visit Amazon's Andy Letcher Page.
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Shroom: A Cultural History of the Magic Mushroom: Letcher ...

His conviction□apparently well-researched & well-explained□is that the mushroom does not have a major role in ancient human history beyond a few isolated examples (Mexico & Siberia mostly) , but that it has been a major force in "western" culture from the last half of the twentieth century & on

Shroom: A Cultural History of the Magic Mushroom by Andy ...

Shroom: A Cultural History of the Magic Mushroom Andy Letcher. 2007. Ecco HarperCollins, New

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Andy Letcher

York. Pp. 384. \$14.99 (paperback). ISBN 9780060828295.

(PDF) Shroom: A Cultural History of the Magic Mushroom

In ["Shroom"](#) he rewrites the history of magic mushrooms, systematically destroying the myths festered by pioneers like McKenna, R. Gordon Wasson, Robert Graves, Aldous Huxley and others, while...

Shroom: A Cultural History of the Magic Mushroom - Andy ...

Shroom covers topics including refutation of the mushroom theory of the origin of religion, the recent U.K. psilocybin mushroom scene, a critical treatment of Wasson's research methodology and mushroom theory of Vedic religion, and Tim Leary as backdrop leading up to the later popular use of psilocybin mushrooms.

Amazon.com: Customer reviews: Shroom: A Cultural History ...

Originally published in 2006, Shroom: A cultural History of the magic mushroom is one of the best written secondary works of psychedelic literature available.

Shroom: A Cultural History of the Magic Mushroom By Andy ...

Cultural History of Psychedelic Mushrooms Psychedelic mushrooms have been around for thousands of years, and have long been a source of fascination and pleasure for many different cultures. Before making their way into Western societies in the 1960s, psilocybin mushrooms were an essential part of religion, therapeutic rituals, and rite-of-passage ceremonies all over the world, some of which still use them today.

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Cultural History - Therapeutic Shroom

In *Shroom: A Cultural History of the Magic Mushroom*, Andy Letcher has given us a thorough and rigorous study of mushroom culture. Among books on psychoactive mushrooms, *Shroom* is unprecedented in...

A Cultural History of the Magic Mushroom - Alternet.org

Psilocybin mushrooms, commonly known as magic mushrooms or shrooms, are a polyphyletic, informal group of fungi that contain psilocybin and psilocin. Biological genera containing psilocybin mushrooms include *Copelandia*, *Gymnopilus*, *Inocybe*, *Panaeolus*, *Pholiotina*, *Pluteus*, and *Psilocybe*. Psilocybin mushrooms have been and continue to be used in indigenous New World cultures in religious ...

Psilocybin mushroom - Wikipedia

Some historians believe that magic mushrooms may have been used as far back as 9000 B.C. in North African indigenous cultures, based on representations in rock paintings. Statues and other representatives of what appear to be mushrooms that have been found in Mayan and Aztec ruins in Central America.

A Brief History of Magic Mushrooms - How Magic Mushrooms ...

The world of the magic mushroom is a place where shamans and hippies rub shoulders with psychiatrists, poets, and international bankers. Since its rediscovery only fifty years ago, this hallucinogenic fungus, once shunned in the West as the most pernicious of poisons, has inspired a plethora of folktales and urban legends.

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Shroom : A Cultural History of the Magic Mushroom by Andy ...

Reviewed by Lux, 6/4/2008. In Shroom: A Cultural History of the Magic Mushroom, Andy Letcher has given us a thorough and rigorous study of mushroom culture. Among books on psychoactive mushrooms, Shroom is unprecedented in the degree to which the author demands that arguments be supported by evidence. Anyone familiar with the voluminous literature on this topic will immediately recognize this as a revolutionary step; the genre is crowded with speculation ranging from cautious (The Road to ...

Erowid Library : The Erowid Review » Shroom: A Cultural ...

This is a well written and comprehensive guide to magic mushrooms from their earliest known use to the present day. Though it focusses principally on Britain, it includes fascinating information on the use of hallucinogenic mushrooms, and their place in society, from Mexico to Siberia.

Shroom: A Cultural History of the Magic Mushroom: Amazon ...

Shroom: A Cultural History of the Magic Mushroom: Author: Andy Letcher: Edition: illustrated, reprint: Publisher: Harper Collins, 2008: ISBN: 0060828293, 9780060828295: Length: 384 pages: Subjects

Shroom: A Cultural History of the Magic Mushroom - Andy ...

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Shroom: A Cultural History of the Magic Mushroom by Andy ...

5.0 out of 5 stars the definitive book on the cultural history of magic mushrooms. everything from gordon wasson, maria sabina, timothy leary to robert graves, this book has it all. you'll definitely learn some things about the use and history that you've never known. go ask alice.

Shroom: A Cultural History of the Magic Mushroom: Letcher ...

Shroom : a cultural history of the magic mushroom / Andy Letcher. Format Book Edition 1st U.S. ed. Published New York : Ecco, c2007. Description xiv, 360 p. : ill. ; 24 cm. Notes "First published in Great Britain in 2006 by Faber and Faber"--T.p. verso.

Shroom : a cultural history of the magic mushroom | Search ...

In *Shroom*, Andy Letcher takes a critical and humorous look at how hallucinogenic mushrooms, once shunned in the West as the most pernicious of poisons, came to be such a popular illicit drug. This entertaining book chronicles the history of the psychedelic mushroom, from its use by the Aztecs of Central America and the tribes of Siberia to its reappearance on the cultural landscape in the modern era.

Did mushroom tea kick-start ancient Greek philosophy? Was Alice's Adventures in Wonderland a thinly veiled psychedelic mushroom odyssey? Is Santa Claus really a magic mushroom in disguise? The world

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of the magic mushroom is a place where shamans and hippies rub shoulders with psychiatrists, poets, and international bankers. Since its rediscovery only fifty years ago, this hallucinogenic fungus, once shunned in the West as the most pernicious of poisons, has inspired a plethora of folktales and urban legends. In this timely and definitive study, Andy Letcher chronicles the history of the magic mushroom—from its use by the Aztecs of Central America and the tribes of Siberia through to the present day—stripping away the myths and taking a critical and humorous look at the drug's more recent manifestations. Informative, lively, and impeccably researched, *Shroom* is a unique and engaging exploration of this most extraordinary of psychedelics.

From the author of *GROWING GOURMET AND MEDICINAL MUSHROOMS* comes the only identification guide exclusively devoted to the world's psilocybin-containing mushrooms. Detailed descriptions and color photographs for over 100 species are provided, as well as an exploration of their long-standing (and often religious) use by ancient peoples and their continued significance to modern-day culture. Some of the species included have just been discovered in the past year or two, and still others have never before been photographed in their natural habitats.

A detailed and comprehensive guide for growing and using gourmet and medicinal mushrooms commercially or at home. "Absolutely the best book in the world on how to grow diverse and delicious mushrooms."—David Arora, author of *Mushrooms Demystified* With precise growth parameters for thirty-one mushroom species, this bible of mushroom cultivation includes gardening tips, state-of-the-art production techniques, realistic advice for laboratory and growing room construction, tasty mushroom recipes, and an invaluable troubleshooting guide. More than 500 photographs, illustrations, and charts

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clearly identify each stage of cultivation, and a twenty-four-page color insert spotlights the intense beauty of various mushroom species. Whether you're an ecologist, a chef, a forager, a pharmacologist, a commercial grower, or a home gardener—this indispensable handbook will get you started, help your garden succeed, and make your mycological landscapes the envy of the neighborhood.

A culinary and natural history of mushroom foraging subculture juxtaposes the experiences of savvy mushroom-hunting iconoclasts and loners against the high-priced capitalism of four-star kitchens.

An incredibly versatile cooking ingredient containing an abundance of vitamins, minerals, and possibly cancer-fighting properties, mushrooms are among the most expensive and sought-after foods on the planet. Yet when it comes to fungi, culinary uses are only the tip of the iceberg. Throughout history fungus has been prized for its diverse properties—medicinal, ecological, even recreational—and has spawned its own quirky subculture dedicated to exploring the weird biology and celebrating the unique role it plays on earth. In *Mycophilia*, accomplished food writer and cookbook author Eugenia Bone examines the role of fungi as exotic delicacy, curative, poison, and hallucinogen, and ultimately discovers that a greater understanding of fungi is key to facing many challenges of the 21st century. Engrossing, surprising, and packed with up-to-date science and cultural exploration, *Mycophilia* is part narrative and part primer for foodies, science buffs, environmental advocates, and anyone interested in learning a lot about one of the least understood and most curious organisms in nature.

In *Mushroom Medicine: The Healing Power of Psilocybin & Sacred Entheogen History*, author Brian Jackson describes his personal experiences with psilocybin mushrooms, both recreationally, and as a

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medicine. The book also discusses the latest research being done on psilocybin at many top universities, which have shown promising results in the treatment of OCD, depression, & anxiety. These studies have also shown a correlation between taking psilocybin and having mystical experiences. Due to these findings, the book also explores how psychedelic plants were used throughout history by numerous religious groups.

This well-illustrated book allows anyone with common sense, a clean kitchen, and a closet shelf to grow bumper crops of mushrooms. Besides step-by-step guides to cultivating four species of psilocybin-containing mushrooms, the book offers a wealth of additional information, including an introduction to mushroom biology, a resource guide for supplies, advice on discreetly integrating psychedelic mushrooms into outdoor gardens, and insights into the traditional use of psilocybins in sacred medicine. Also included are appendices with a summary of all included recipes.

New York Times Book Review 10 Best Books of 2018 A New York Times Notable Book The #1 New York Times bestseller. A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a

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singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Companion to the film *Fantastic Fungi*. Contributions from Michael Pollan, Andrew Weil, Eugenia Bone, and many more experts make *Fantastic Fungi* an awe-inspiring visual journey through the exotic, little-known realm of fungi and its amazing potential to positively influence our lives. An all-star team of professional and amateur mycologists, artists, foodies, ecologists, doctors, and explorers joined forces with time-lapse master Louie Schwartzberg to create *Fantastic Fungi*, the life-affirming, mind-bending film about mushrooms and their mysterious interwoven rootlike filaments called mycelium. What this team reveals will blow your mind and possibly save the planet. This visually compelling companion book of the same name, edited by preeminent mycologist Paul Stamets, will expand upon the film in every way through extended transcripts, new essays and interviews, and additional facts about the fantastic realm of fungi. *Fantastic Fungi* is at the forefront of a mycological revolution that is quickly

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going mainstream. In this book, learn about the incredible communication network of mycelium under our feet, which has the proven ability to restore the planet's ecosystems, repair our health, and resurrect our symbiotic relationship with nature. Fantastic Fungi aspires to educate and inspire the reader in three critical areas: First, the text showcases research that reveals mushrooms as a viable alternative to Western pharmacology. Second, it explores studies pointing to mycelium as a solution to our gravest environmental challenges. And, finally, it details fungi's marvelous proven ability to shift consciousness. Motivating both the visually stunning film and this follow-up book is an urgent mission to change human consciousness and restore our planet.

Decomposing The Shadow presents a psychological model for the experience of the magic psilocybin mushroom. It explores what the experience of this psychedelic medicine exposes to us about the nature of mind, emotion, society, psychospiritual maturity, and reality itself. This book is about facing the darkness within each of us, developing the courage of emotional honesty, and investigating how the unacknowledged aspects of self, the shadow, can make the grounds of personal growth fertile again. The psilocybin mushroom offers us the opportunity to experience life from a point of amplified emotional, psychological, and spiritual significance. It unlocks a perspective of self and other that is naturally occurring within us, but culturally suppressed to the point of nearly complete omission. When we begin to navigate the vastly novel experiences this substance can provide us, we further enable its potential for not only exposing, but healing the unconscious narratives that hold us back from being our fullest, most courageous, most honest self.

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